

The Massachusetts Bay League is the largest and oldest league of high school sailing teams in the country. Established in 1977 with seven teams, the League has grown to serve more than 450 boys and girls from more than 30 public, private, and parochial schools.

Today, the League is full of vigor and activity. Our teams use a variety of venues throughout eastern Massachusetts, although half of our teams sail primarily at Community Boating in Boston, MA.

Each spring season (late March to early June), the main activity is competitive racing. Our teams vie for honors within their division, some sailing head-to-head in team racing meets and others sailing a season long fleet racing series. Our spring season concludes with the largest high school regatta in the country of more than 80 boats on two afternoons, followed by another fun regatta for underclass students of over 60 boats during the following week.



During the fall season (September 1 to October 31), schools have the opportunity for instructional or recreational sailing. While most of the schools in the League are Racing Members and sail in the spring, others are Recreational Members sailing in the Fall. Some teams are both Recreational and Racing Members.

In addition to our full schedule of racing, the League hosts a clinic each spring, a fall regatta each Columbus Day weekend, and at least one regatta each spring. These events are open to high schools teams and sailors throughout New England. A few of our teams also host regattas on their own.

More information can be found on the League's web site at [www.mbsailing.org](http://www.mbsailing.org)

**Q: How can I improve as a sailor?**

**A:** The best way is to spend more time sailing and racing. There is no substitute for time in a boat. Consider sailing over the summer. Many sailing programs in eastern Massachusetts provide many racing opportunities for youths. Links to some of these programs can be found at the League's web site. Also, consider watching a college regatta, especially if you are interested in team racing. Harvard, MIT, BU, and Tufts are particularly good places to watch team racing.

**Q: Can I be a spectator?**

**A:** We always welcome spectators, especially parents. Most of our venues have a good place on shore to watch our races. At some venues, it may be possible to watch from on the water.



## The League's Mission

To further the sport of competitive and recreational sailing in secondary schools within the greater Boston metropolitan area.



**Q: How can I support high school sailing?**

**A:** There are several ways that you can support high school sailing.

The first option to consider is your local team. Many could use a helping hand to meet their needs. Talk to the coach of your sailing team.

The League can also benefit from your help. We are currently raising funds to enlarge and renew the 420 fleet at Community Boating. Since the League is a non-profit organization, your contribution is fully tax-deductible. Please visit our web site at [www.mbsailing.org](http://www.mbsailing.org) for more information.

Our goal is to out more kids in more boats more often.



## Racing Member Schools

Boston Latin  
British School of Boston  
Brookline  
Brooks School  
Buckingham, Browne & Nichols  
Cambridge Rindge & Latin  
Concord Academy  
Dover Sherborn  
Duxbury  
Gloucester  
Hingham  
Lincoln Sudbury  
Manchester-Essex  
Nantasket  
Natick  
Newman School  
Newton Country Day School  
Newton North  
Noble & Greenough School  
Notre Dame Academy  
Pingree School  
Quincy  
Sharon  
St. John's Preparatory School  
St. Sebastian's Country Day School  
Swampscott  
Wellesley  
Winchester  
The Winsor School  
Winthrop

## Recreational Member Schools

Boston College High School  
Commonwealth School  
The Fessenden School

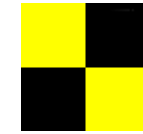
Schools that are interested in joining the League should refer to our guidelines about the application process at [www.mbsailing.org/howtojoin.html](http://www.mbsailing.org/howtojoin.html)



Massachusetts



Bay



League